



UNDINE BARGE CLUB

Club President: Tom Sullivan
Program Head Coach: Liesel Hud

UNDINE BARGE CLUB COMPETTIVE JUNIORS 2015

WWW.UNDINE.COM

Undine Juniors Program is a 7-week competitive program that will focus on rowing both sculling and sweep rowing.

Launching from #13 on Boathouse Row, the team rows out of one of Philly's preeminent rowing clubs.

Rowers from all over the region are welcome to apply. Undine will be accepting 24 athletes, both boys and girls, ages 13 to 19, and all experience levels. (This includes Novices and Coxswains)

Undine promotes learning, teamwork, and training in a fun but competitive atmosphere.

Undine Juniors will be accepting summer rowers until capacity is met. Rolling admission, first come first serve.

SUMMER 2015 SCHEDULE

June 13 – Registration 9 AM
Information Meeting 10 AM

June 15 - Practice Begins 8 AM

July 3-5 - Independence Day Regatta

July 15-19 Club Nationals
(Bethel, Ohio, selected crews)

July 25 - Philadelphia Youth Regatta

Aug 3 to Aug 9 - Royal Canadian Henley
(St. Catherines, ON, selected crews)

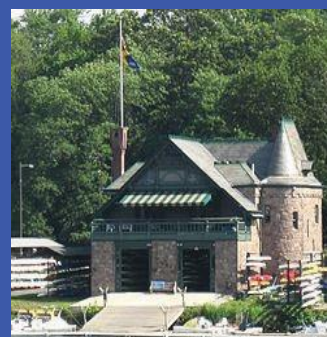
SUMMER PRACTICE SCHEDULE

Mon - Fri 8AM to 10AM
Sat 9 AM to 12 Noon

For additional information and application please email undinejuniors2015@gmail.com

A Junior A is a competitor who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in a secondary school as a full time student seeking a diploma. A competitor thus ceases to be a Junior A after December 31 of the year of his or her 18th birthday, or of the year in which he or she completes the 12th grade of secondary school, having been a full time student, which is later. A Junior B is a competitor who will not attain the age of 17 in the current calendar year.

Summer Rowing dues are \$1000. This fee covers Junior membership, race entry fees, usage fees, and uniforms. All rowers will be given a JL Unisuit or similar for participation in the program. The dues DO NOT cover transportation, housing and meals at Club Nationals or Canadian Henley.



Mailing Address:
Undine Barge Club
Attn. Liesel Hud.
P.O. Box 906
Conshohocken, PA 19428

Boathouse Address:
Undine Barge Club
13 Boat House Row
Philadelphia, PA 19130

Phone: 215-205-0125

WEBSITE: www.undine.com

E-MAIL: undinejuniors2015@gmail.com